A Study on the Practical Strategies of Integrating the Guanxue Culture into the Politics Teaching in Junior Middle School Students: The case of Xi'an Junior Middle School Students

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Abstract. Youth is the hope of the country, whose growth is related to the future development of the country. Junior middle school stage is to improve the teenagers' ideological and moral qualities, enhance the students' moral quality and cultural confidence of the critical period. Chinese excellent traditional culture contain abundant moral connotation. Guanxue, as an important part of Chinese excellent traditional culture, the thought connotation in spirit and behavior still have important influence on people living in Guanzhong area of China, and its cultural content and moral quality also plays an important role of the development of junior middle school students physically and mentally. It is essential to the ideology and morality education of students to incorporating the essence of Guanxue culture into junior high school politics teaching.

1. The Importance of Guanxue Culture to the Development of Contemporary Junior Middle School Students

President Xi Jinping once said that “primary and secondary school students are the main body of the youth, and represent the country's future and hope. In order to aspire to success, students in primary and secondary schools must study diligently to improve their comprehensive quality, strive to cultivate morality, aspirational high, be diligent and aspirant, and pursue excellence”. All these excellent qualities are passed down from the ancient people of the pre-qin dynasty. As a young seedling growing up, teenagers should start from a young age, learn to love life, Thanksgiving life, be kind to others, be polite and honest, and embody the core socialist values in every bit of life.

1.1 Guanxue Culture is an important part of Chinese excellent traditional culture

Local culture is an important part of Chinese traditional culture, as the most representative and influential school of thought in Shaanxi history, founded by Zhang Zai, is a popular Neo-Confucian school in Guanzhong area from the Northern Song Dynasty to the Ming and Qing Dynasties. the new generation of the 800 years, Guanxue has experienced the stage of reflection, inheritance and transformation. From the Hengqu's saying “to create a way” to Niu Zhaolian's saying “to inherit the spirit”, these spirits has formed the objectively internal consistent spirit temperament, academic aim, value pursuit and research style, created rich academic achievements and fostered unique ideas. “As the important achievement of the development of the traditional Confucianism transformation, Guanxue’s sense of suspicion in the situation of ‘ritual and music collapsed’, and mission of rebuilding the moral order, theoretical model of ‘learning dao, academic ethics’, homogeneous family the world of human feelings, ‘the people of the cell and the cultural ideal, The human feelings of the same family and the world, the cultural ideal of ‘the people and the things’, the spiritual realm of ‘the unity of heaven and man’, the dialectical thought of ‘the enemies and the solution’, the philosophical wisdom of ‘very high and the middle of the mean’ “ are all reflected in the dialectical relationship between the community of human destiny, the construction of ecological civilization, inheritance and innovation in contemporary society.
1.2 The necessity of integrating Guanxue culture into junior middle school politics teaching

Guanxue culture contains a wide range of thoughts, not only including the way of dealing with people, teaching and learning, but also contains the way of respecting teachers and elders, which has a very important impact on the physical and mental development of junior high school students. People Learning Guanxue consider the world as their own duty, and they create a system applying Confucianism as the main body, and learning from Confucianism, Buddhism, Taoism plural to make complementary mutually. “It formed a spiritual tradition that is determined to stand on its own feet, to be brave in making ethics, to be noble and noble, to be used in the world, to be open and inclusive, and to admire the spirit of integrity, which not only has a profound impact on the thinking, values and cultural character of Tao Zhu, but also made outstanding contributions to the inheritance and innovation of the Chinese nation's overall ideology and culture.” Teachers play an extremely important role in the growth and development of teenagers. They should not only teach textbook knowledge well, but also impart to students the sense of responsibility and mission of self-restraint in Guanxue culture, so as to cultivate students' noble personality and moral integrity and spiritual realm.

It is beneficial for junior middle school students to deepen their understanding of book knowledge and local culture by combining what they have learned in class with excellent local traditional culture. Everyone has a great sense of intimacy and dependence on the place they live, especially students. Guanxue culture has a profound influence on generations to come. President Xi has mentioned Zhang Zai, a great thinker as well as an educator in Chinese history, who mentioned “Four sentences said by Hengqu”, on different occasions, which greatly aroused people's patriotic feelings. Strengthening the integration of Guan Xue culture into junior high school ideological and political teaching is very urgent. When middle school ideological and political teachers educate students according to the national unified curriculum standards, they should pay attention to the flexible use of the essence of Guanxue culture and shape their distinctive humanistic qualities. The teacher should carefully studies the textbook before class, knows the content well, integrates the customs culture flexibly into the classroom teaching, according to the degree of students' acceptance, adopts various ways to attract students' interest, improve students' pride, better let students participate in the class, and take the initiative to learn the essence of customs culture.

2. The Current Situation of Guan Xue's development in Contemporary Junior High Schools

As a country with excellent culture, the five-thousand-year history of the Chinese excellent traditional culture is the origin of our cultural innovation. Only by firmly adhering to the roots of traditional culture can our cultural undertakings and cultural industries continue to grow and develop. Integrating excellent traditional culture into junior high school ideological and political teaching is the responsibility that ideological and political teachers must bear in practical teaching, which has a great practical effect on strengthening the cultural self-confidence of Chinese youth and realizing the great rejuvenation of the China. In order to truly understand the contemporary junior middle school students' cognition of Guanxue culture and the degree of teachers' combination of Guanxue culture and junior middle school ideological and political teaching, the author carried out field investigation on several junior middle school schools in xi 'an, with specific analysis as follows:

2.1 Students are relatively scarce in understanding the culture of Guanxue Culture

In today's society, science and technology are advancing by leaps and bounds. In the era of Internet life, it has created a very convenient learning opportunity for students to understand various knowledge through the Internet. In the actual teaching process, the way for students to understand the related learning culture is still based on teachers' lectures and related book knowledge. Teenagers have relatively little free time to learn about relevant culture through other means, and students are not yet able to resist the impact of various contents brought by the Internet. The proportion of participating in cultural activities and other ways to understand the customs culture is
relatively small among the way to learn about traditional culture. Many students said that in the middle school stage, students get more and more academic pressure, so that extracurricular activities become less and less, including the opportunities to participate in cultural activities.

2.2 The school activities are not outstanding enough, and it is not enough to carry forward the study of Guanxue culture.

In the actual investigation process, it was learned that few schools would organize and publicize students to carry out activities related to customs culture, and schools paid more attention to students’ test scores. In order to enable students to get good scores in the high school entrance examination, schools focused on strengthening the management of students’ major courses, but ignored the cultural edification and spiritual education of customs culture on students. Among schools surveyed, some schools which have recognized the importance of carrying forward the culture of Guanxue, would try to cultivate the students’ moral quality and organize the students to carry out a variety of cultural activities, aiming to let students have a deeper experience of local culture at the events and influence the ways and means of students to treat people imperceptibly. However, most schools, with the proportion as high as 60%, only carry it out occasionally. Most of the time, it is just a formality without substance. The school itself does not pay attention to the study of relevant culture, let alone take the initiative to guide students to learn.

2.3 Parents can't correctly understand the importance of Guanxue culture to children's growth and development

Parents are the first teachers of children, and the quality of family education may affect a child's life. During the actual investigation, it was found that more than half of the parents did not understand Guanxue culture, let alone recognize the impact of the excellent qualities contained in Guanxue culture on the cultivation of children. Some parents only educate children orally, but to those who have not formed a correct judgment and values, oral education is easy to make a derailment of our excellent traditional culture and daily life. children often know the right truth, but did not prove with practical action, often results in half the effort. A small number of parents think that it is the duty of teachers to educate their children, and teachers have the obligation and responsibility to cultivate their students well. This wrong idea is also an important reason why students do not understand the culture of learning in their daily life.

3. The Practical Strategy of Guanxue's Integration into Junior Middle School Politics Teaching

3.1 Schools should play an organizational leadership role and use a variety of channels to promote Guanxue culture

In the process of actual investigation, it was learned that some schools did not strengthen the study and publicity of relevant culture at the leadership level, blindly focusing on students' achievements and ignoring the cultivation of students' ideology and morality. The so-called morality and morality is the first. Teaching must first teach students to be human beings. If a school wants to do a good job in education, it is necessary to pay attention to the physical and mental development of students. Students need a good learning atmosphere to better understand the knowledge of customs. School leaders should strengthen their learning literacy, broadcast knowledge about culture through campus broadcasting, integrate Guanxue culture elements into the process of campus construction, carry out campus cultural activities, conduct entrance ceremony for students, to let the students learn to Zhang Zai's “Four things to do” for the Country spirit, learning attitude of “Practical use of the world”, quality of benevolence for people and so on. Purchasing corresponding excellent traditional culture books and newspapers in the library, carrying out elective courses on culture and inviting professionals to explain to students are also needed.

As the most important place for students to learn, the school’s own campus culture will inevitably affect students’ learning style and content. In building a close study of the traditional
culture of environment, the school should take the lead, actively carry out cultural activities, rich in the form of thought political lesson, deepen the course content, let the students to actively participate in these classes. Concealed education and explicit education should be well integrated, so that students can be entertained and educated, so that students can be influenced by Guanxue culture in the process of subtle influence. Don't let Guanxue culture have empty shells in school.

3.2 **Teachers should innovate teaching methods, and integrate the spirit of Guan Xue culture into political teaching**

The most important characteristics of political class in junior middle school should be political, ideological, practical and comprehensive. The ideological and political class tells the current affairs of the country in a flexible and diverse form, deeply into the core values of socialism. At the same time, Educating students in stages according to the characteristics of students’ physical and mental development is also needed, to effectively combine moral quality, mental health and contemporary national conditions, and closely related to the family, school and social life of junior high school students at the same time, and thus enhances the overall quality of students.

Many junior high school students are in the rebellious period, they have active thinking and pursue new and unique things. in the face of traditional indoctrination teaching, it is easy to resist the psychological. Teachers should not only pay attention to the topics that students are interested in in class, but also pay attention to the topics that students are interested in after class, take students as the main body, implement different teaching plans and means for students according to their psychological characteristics, physical and mental development and the level of cognitive development, and constantly innovate teaching methods. Zhang zai’s aim in education is to adhere to the principle of “The precious thing about learning is to use”, and the purpose of his education is to “Be knowledgeable, change temperament, seek for the saint till death”, and ask his students to “Know how to use common things to help the world”. From this point of view, teachers should aim to educate students and cultivate multi-level and multi-standard talents. Every student is an individual, with different personality traits. In the process of education and teaching, teachers should flexibly learn and apply Zhang Zai’s way of studying, teach students in accordance with their aptitude, and find out the advantages of students in a targeted manner, and constantly stimulate students' innovative thinking, so that students can strengthen their mission awareness and establish themselves as a national offering. The spirit of intellectual responsibility.

3.3 **Cultural training practice activities with the theme of Guanxue should be actively carried out**

In 2016, 11 departments including the ministry of education pointed out that “all primary and secondary schools should incorporate the local study into the school education and teaching plan, and comprehensively consider the comprehensive practical activities curriculum to promote the organic integration of research travel and school curriculum.” in the “Opinions on Promoting the Study-based Travel in Primary and Secondary Schools”. The study tour aims to provide a good space for students to develop in an all-round way. In recent years, research travel has become an important part of practical teaching in many primary and secondary schools. It has inherited and developed the educational concept and humanistic spirit of traditional Chinese study tour and the Chinese saying “read thousands of books, travel thousands of miles”, and thus become a new content and new way of quality education. Carrying out research travel is conducive to promoting students to cultivate and practice the core values of socialism; it is conducive to promoting the implementation of quality education, innovating talent training mode, guiding students to actively adapt to society, promoting the deep integration of book knowledge and life experience, and improving students' self-care ability, Innovative spirit and practical ability.

Xi'an Guanzhong Academy, as one of the four largest academies in China, is a famous institution of learning in Shaanxi in Ming and Qing Dynasties. Feng congwu, the founder of guanzhong academy, as a master of Guanxue, aims to promote guanxue culture in terms of lectures. Feng Congwu lectured for more than 20 years, opposing emptiness and separation and advocating self-satisfaction and Tao creation. One is to emphasize that learning is master, on the basis of a
comprehensive and in-depth understanding of the academic object, once a certain self-correct understanding or understanding is formed, we should adhere to our own views, generally not affected by external factors. Second, we should know the ‘Origin’, if one works hard without knowing the ‘Origin’, he eventually gets nothing. Thirdly, one should study knowledge by clear purpose, grasp the core, take mind and nature as the foundation, and the study of mind and nature should be based on sincerity and respect, and ultimately belong to the supreme good of nature. Feng inherited zhang zai's viewpoint of “learning is suspicious”, and put forward the method of “learning, acting, doubting, thinking and constant” according to his own academic experience. Feng congwu advocated the way of teaching to provide important teaching methods for contemporary teachers and students. Field teaching in guanzhong academy can effectively let students understand and learn the excellent traditional cultural knowledge in guanzhong area, so that students can feel the charm of excellent traditional culture. For xi 'an junior middle school students, the school should actively advocated and actively organize students in every link of the guanzhong college experience teaching, comprehension Guanxue, percept of Feng Congwu's Unique Views on Education, Moral Education and Family Ethics. Let students truly understand the feelings of home and country and the responsibility and mission of the world contained in the four sentences of standing for heaven and earth, living for the people, continuing to learn for the saints, and opening peace for all ages, so that students can become practitioners of inheriting and promoting excellent traditional culture in the process of learning.

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